

youth news

an update for CBHA's young people and adults

spring 2006



Chingford boys sign up for youth work training

A group of boys from Chingford are keen to train in youth work on a course run by Havering College.

A 10-week course in basic youth work is currently running in Leytonstone with 25 people - nine under 25 - enrolled. All who complete it will receive a certificate and could go on to do an ABC - equivalent to an NVQ Level II - or progress to a diploma, depending on experience and/or qualifications.

The Chingford youngsters have put their names down to start the same course when it is held at CBHA's Chingford office.

Area manager Roz Gordon said: "The Chingford boys would like to run their own CBHA youth club sessions and have skills they would like to pass on." The idea for them to go on the course came from a conversation with Roz. She said: "We were joking about locking up, and I said they could be responsible for it if they helped run the club. I told them about the course and they were very keen. It is a really positive step forward for them and I am sure it will stand them in good stead for their futures."

Calling all young rappers, poets and emcees...



CBHA young people have the chance to flaunt their spoken word skills an exhilarating live performance event: the fifth Rise London-wide Youth Slam.

Slam is the competitive art of performance poetry in which participants present their original poems in front of a live

audience. And some CBHA young people have already been busy preparing. CBHA Youth leaders suggested thinking about the Olympics as a starting point for ideas. They were also taken on a trip to Madame Tussards to see models of Olympic champions to help give them inspiration. The theme is respect and tolerance.

Anyone between 12 and 18 who fancies using their words, verse and nerve can enter. Quarter and semi-finals will be at top London venues. The top 12 will represent the capital in the UK Slam Championship and will appear at the Mayor's annual anti-racism festival, Rise, in Finsbury Park on July 8.

Slams are now one of the most popular forms of spoken word event.

Interested? speak to Douglas or Judy or visit poetrysociety.org.uk.

Mentors on course to help youth

Volunteer mentors are set to attend a training course. More than 50 adults, responded to CBHA's appeal to help guide young people - a fantastic response.

Now they will go to the session being run by the Chartered Institute of Housing. They will learn how to be an effective mentor in a day's training on Saturday July 1. All will undergo the usual police checks.

They will then be partnered with a young person. The plan is that they will build up a relationship with regular meetings and doing activities such as golf together.

This will give young people another adult who could advise and support them, and help divert them away from getting involved in anti-social behaviour.

To find out more about the mentoring project, contact Judy on 020 7922 8525.

fun day

The street wardens are holding a community fun day, supported by CBHA, on Saturday July 29, in Thomas Gamuel Park, Walthamstow.

Let us know what you would like to read about in CBHA's **youth news**. Ring Douglas on 020 7922 8524 or Judy on 020 7922 8500.

We would also like to see your own articles on whatever you would like to write about.

Please give them to Douglas or Judy.

wise up: don't become a victim of mobile phone crime

Young people are facing the growing problem of mobile phone theft. But what can they do to guard against becoming a victim? Here, we set out some tips.

- Keep your phone with you all the time but do not leave it lying around or carry it on display on a belt or in a pocket.
- If you have to use your phone in public, keep an eye on who is around you in case a thief approaches. Avoid using your phone in crowded public areas or where you feel unsafe.
- Limit access to the phone by using its security code or PIN number.
- Use a permanent or ultraviolet (UV) pen to mark the battery and phone.



what should I do if my phone is stolen?

If the robbery is still taking place and you are in immediate danger, phone 999. If the robber has fled, phone your local police.

Report it to your network operator as quickly as you can. Your phone can now be disabled.

To report a phone stolen and have it barred you should call your own network operator.

cracking good time at easter

During the Easter break, CBHA youngsters created their own music in workshops run in partnership with Breaking Through. They also enjoyed sessions in street dance and drama workshops.

The craft-minded tried various art activities while others had their faces painted. In the evenings, the chill out zones were open in each area. Kids met up with their mates, played video games, pool, table tennis, board games and made their own cards.

At Leytonstone, youngsters raced around Langthorne Park collecting eggs in an Easter egg hunt.

Rave DATES

The next rave dates are:

- Thomas Gamuel, Walthamstow, May 26 then Sept 29
- The Pavilion, Leyton, June 29
- Epicentre, Leytonstone, July 28
- The Paradox, Chingford August 25

teens and kids: get ready for hot summer programme

Phew, it's going to be a busy summer for CBHA young people and children this year - with a host of exciting activities and outings. The summer programme is split into two age groups: teenagers of

15 and above and those under 15.

The highlight for the older ones could well be the planned residential trip to Fremington Training Camp near Barnstaple in Devon. (Area manager Roz Gordon and five young people were due to visit and check it out as youth news went to press).

Also on the agenda will be plenty of barbecues and a trip to Alton Towers. And the popular voucher system used last year where they can pick up a voucher for the cinema or to buy a pizza on Fridays to spend that night is being run again.

One addition new this year is the chance to gain some useful life skills. Sessions in

self-development, budgeting and cooking are on offer. A social evening with friends will follow the cooking - when the food will be eaten!

and the under 15s...

Meanwhile, younger kids will enjoy the chill out zones plus trips out.

These will include: • a day at the beach at Southend on Sea • a family outing to Bournemouth • a visit to a zoo or safari park • plenty of picnics and barbecues

All wrapped up



A girl at Chingford makes resident situation boxes for the area offices